

Fort Wayne Tri Club

Issue Late August

August, 1997

Membership is still climbing.

I started this club in mid July hoping to have around a dozen members. Here it is more than a month later and membership is over 20. I would like to thank everyone for being active in the recruiting process.

There are a few individuals who have been very instrumental with the development of the club and the direction of it. First; Ted Tiernon has offered many excellent ideas. He has also been very helpful in setting up many of the training workouts and contacts with many other athletic personnel. Second; Mark Lulling has provided many excellent ideas and is putting them to good use. Mark is developing our: logo, club name, and heading up sponsors. Finally, Mick Thiel and Mark Lulling have been kind enough to volunteer for our display booth at the YWCA Fitness Expo September 9th. If you see these guys, thank them for doing an outstanding job.

The Ft. Wayne Track Club & Progressive Insurance Triathlon was a huge success. Over 120 participated out of an estimated 100. Our club did very well and our top three performers were... Ex-pro Volleyball player, Ted Tiernon finished 14th overall

and won his age group. Eric Stine finished 15th overall, in his first season. Six season veteran, Mark Lulling finished 25th overall. Great job men!

In the next month, we will be voting a club logo and name, ordering race singlets, shorts, t-shirts, and rescheduling two club races. Each member will have to fill out a club application. This information is needed for our USAT Certification. In addition, you will be issued a card and that will serve as verification for Tri-Fed renewal discount.

Calendar of Events

Last item is mileage & Time from Ft. Wayne.

August

30 Niles Tri, Niles, MI .5M/17.5/5M. Bob Hynard 616-684-6759 98M 2:00 Hours.

September

7 Gaylan's Tri Mid East Regional Championship at Eagle Creek in Indy, IN 1.5k/40k/10k. Don Carr Tuxedo Broth. 317-328-1632. 140M 2:16 Hours
13 Muncie Endurathon Muncie, IN 1.2M/56M/13.1M765-287-1799 84M 1:31 Hours.

20 5k/10k Run/Blade at Foster Park in Ft. Wayne 422-3417 & 744-2572 for Blade.

27 Tuxedo Brothers Duathlon at Eagle Creek in Indy, IN 5k/33k/5k. Don Carr 317-328-1632. 140M 2:16 Hours.

October

4 American Red Cross Duathlon in Warsaw, IN 5k/24k/5k. 219-267-5244. 48M 52 Minutes.

Training Schedule

Every Tuesday & Thursday 5:30 am Swim at Summit Middle School. Showers available

8-26 5:30 am 12M Bike & 2M Run at Blackhawk Middle School. No showers.

9-3 5:00 pm 8M Run at Oakview Middle School. No showers.

9-10 5:30 am Club Tri #1 at YMCA downtown.
10 Lap/10M/2M Let Chris Marks know by 9-5 w/\$5.00 fee.

9-17 5:00 pm 20M Bike & 4M Run at Carroll HS. No showers

9-21 1:30 pm 25M & 50M Bike (hilly workout) at Churubusco State Bank on the corner of SR205 & SR33. No showers.

I need your input

1. We will be adding and coordinating one (maybe two) more tri's in the Ft. Wayne area next year. I need idea's and sponsors.
2. Training locations and best times to train.

If you have any questions please feel free to call Chris Marks.

Before 5pm Work 483-6473
Anytime Home 693-1358